

Nutrition/Ingredients

Hangover Soup

| Nutrition Facts | |
|---------------------------------|------------|
| 1 servings per container | |
| Serving size 1 container (397g) | |
| Amount per serving | |
| Calories | 140 |
| % Daily Value* | |
| Total Fat 4g | 5% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Cholesterol 45mg | 15% |
| Sodium 390mg | 17% |
| Total Carbohydrate 9g | 3% |
| Dietary Fiber 2g | 7% |
| Total Sugars 3g | |
| Includes 0g Added Sugars | 0% |
| Protein 18g | |
| Vitamin D 0mcg | 0% |
| Calcium 90mg | 6% |
| Iron 2mg | 10% |
| Potassium 393mg | 8% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Chicken*, Red Kale*, Carrots*, Rainbow Chard*, Onions*, Grape Tomatoes*, Shallots*, Lemon Juice*, Cilantro*, Lemongrass*, Garlic*, Sea Salt*, Black Pepper*.

*Organic

Kicken Chicken Soup

| Nutrition Facts | |
|---------------------------------|------------|
| 1 servings per container | |
| Serving size 1 container (397g) | |
| Amount per serving | |
| Calories | 220 |
| % Daily Value* | |
| Total Fat 8g | 10% |
| Saturated Fat 2g | 10% |
| Trans Fat 0g | |
| Cholesterol 65mg | 22% |
| Sodium 610mg | 27% |
| Total Carbohydrate 12g | 4% |
| Dietary Fiber 3g | 11% |
| Total Sugars 5g | |
| Includes 0g Added Sugars | 0% |
| Protein 25g | |
| Vitamin D 0mcg | 0% |
| Calcium 78mg | 6% |
| Iron 2mg | 10% |
| Potassium 763mg | 15% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Low Sodium Chicken Broth* ({Water, Chicken*, Rosemary Extract* [Antioxidant]*}, Chicken Flavor*, Cane Sugar*, Yeast Extract, Onion Powder*) Celery*, Carrots*, Kale*, Scallions*, Tomato Paste*, Lemon Juice*, Cilantro*, Extra Virgin Olive Oil*, Sea Salt, Habanero Peppers*, Black Pepper*.

*Organic

Lemongrass Shrimp Soup

| Nutrition Facts | |
|---------------------------------|------------|
| 1 servings per container | |
| Serving size 1 container (397g) | |
| Amount per serving | |
| Calories | 280 |
| % Daily Value* | |
| Total Fat 9g | 12% |
| Saturated Fat 2.5g | 13% |
| Trans Fat 0g | |
| Cholesterol 275mg | 92% |
| Sodium 650mg | 28% |
| Total Carbohydrate 14g | 5% |
| Dietary Fiber 3g | 11% |
| Total Sugars 5g | |
| Includes 0g Added Sugars | 0% |
| Protein 36g | |
| Vitamin D 1mcg | 6% |
| Calcium 161mg | 10% |
| Iron 2mg | 10% |
| Potassium 857mg | 20% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Shrimp, Unsweetened Coconut Milk*, Carrots*, Lime Juice*, Extra Virgin Olive Oil*, Lemongrass*, Ginger*, Scallions*, Garlic*, Salt*, Red Pepper Flakes*.

*Organic

Binge Day Soup

| Nutrition Facts | |
|---------------------------------|------------|
| 1 servings per container | |
| Serving size 1 container (434g) | |
| Amount per serving | |
| Calories | 410 |
| % Daily Value* | |
| Total Fat 24g | 31% |
| Saturated Fat 7g | 35% |
| Trans Fat 0.5g | |
| Cholesterol 105mg | 35% |
| Sodium 1060mg | 46% |
| Total Carbohydrate 18g | 7% |
| Dietary Fiber 4g | 14% |
| Total Sugars 8g | |
| Includes 0g Added Sugars | 0% |
| Protein 32g | |
| Vitamin D 0mcg | 0% |
| Calcium 68mg | 6% |
| Iron 3mg | 15% |
| Potassium 1065mg | 25% |

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INGREDIENTS: Organic Tomato Basil Soup (Organic Tomatoes, Organic Vegetables (Onions, Carrots), Organic Extra Virgin Olive Oil, Organic Basil, Sea Salt), Lean Beef*, Ground Pork*, Yellow Onion*, Chorizo Picante* (Pork, Paprika, Salt, Sherry Garlic, Pepper, Cayenne, Sugar, Oregano, Cloves), Cherry Tomato*, Tomato Paste*, Champagne, Serrano Pepper*, Carrots*, Garlic*, Extra Virgin Olive Oil*, Sea Salt*, Seasoning*, Black Pepper*.

*Organic

Spicy Tofu Soup

| Nutrition Facts | |
|---------------------------------|------------|
| 1 servings per container | |
| Serving size 1 container (397g) | |
| Amount per serving | |
| Calories | 110 |
| % Daily Value* | |
| Total Fat 3.5g | 4% |
| Saturated Fat 0.5g | 3% |
| Trans Fat 0g | |
| Cholesterol 40mg | 13% |
| Sodium 135mg | 6% |
| Total Carbohydrate 12g | 4% |
| Dietary Fiber 3g | 11% |
| Total Sugars 3g | |
| Includes 0g Added Sugars | 0% |
| Protein 8g | |
| Vitamin D 0mcg | 0% |
| Calcium 83mg | 6% |
| Iron 2mg | 10% |
| Potassium 255mg | 6% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Low Sodium Vegetable Broth* (Water, Carrots*, Onion*, Celery*, Leeks*, Tomato Puree*, Mushrooms*, Garlic*, Sea Salt, Savory Leaf*, Ground Bay Leaf*), Water, Shitake Mushrooms*, Firm Tofu*, Eggs*, Scallions*, Rice Vinegar*, Dandelion Greens*, Gluten Free Soy Sauce*, Ginger*, Red Pepper Flakes*.

*Organic

Steak Soup

| Nutrition Facts | |
|---------------------------------|------------|
| 1 servings per container | |
| Serving size 1 container (397g) | |
| Amount per serving | |
| Calories | 340 |
| % Daily Value* | |
| Total Fat 21g | 27% |
| Saturated Fat 8g | 40% |
| Trans Fat 0.5g | |
| Cholesterol 75mg | 25% |
| Sodium 410mg | 18% |
| Total Carbohydrate 8g | 3% |
| Dietary Fiber 3g | 11% |
| Total Sugars 3g | |
| Includes 0g Added Sugars | 0% |
| Protein 33g | |
| Vitamin D 0mcg | 0% |
| Calcium 35mg | 2% |
| Iron 3mg | 15% |
| Potassium 689mg | 15% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Sirloin Beef*, Low Sodium Beef Broth (Water, Beef Stock {Water, Beef}*}, Cane Sugar*, Onion Powder*, Yeast Extract, Garlic Powder*, Caramel Color*, Sea Salt, Black Pepper*), Shitake Mushrooms*, Spinach*, Water, Limes*, Shallots*, Extra Virgin Olive Oil*, Scallions*, Cilantro*, Salt, Habanero Peppers*, Black Pepper, Red Pepper Flakes*.

*Organic

The Greens

| Nutrition Facts | |
|---------------------------------|------------|
| 1 servings per container | |
| Serving size 1 container (397g) | |
| Amount per serving | |
| Calories | 110 |
| % Daily Value* | |
| Total Fat 4.5g | 6% |
| Saturated Fat 0.5g | 3% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 510mg | 22% |
| Total Carbohydrate 13g | 5% |
| Dietary Fiber 4g | 14% |
| Total Sugars 3g | |
| Includes 0g Added Sugars | 0% |
| Protein 5g | |
| Vitamin D 0mcg | 0% |
| Calcium 155mg | 10% |
| Iron 2mg | 10% |
| Potassium 660mg | 15% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Low Sodium Vegetable Broth* (Water, Carrots*, Onion*, Celery*, Leeks*, Tomato Puree*, Mushrooms*, Garlic*, Sea Salt*, Savory Leaf*, Ground Bay Leaf*), Zucchini*, Onion*, Collard Greens*, Olive Oil*, Garlic*, Almonds, Curry Powder*, Salt*..

*Organic

Better than Broth

| Nutrition Facts | |
|---------------------------------|------------|
| 1 servings per container | |
| Serving size 1 container (376g) | |
| Amount per serving | |
| Calories | 100 |
| % Daily Value* | |
| Total Fat 5g | 6% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 480mg | 21% |
| Total Carbohydrate 14g | 5% |
| Dietary Fiber 3g | 11% |
| Total Sugars 3g | |
| Includes 0g Added Sugars | 0% |
| Protein 4g | |
| Vitamin D 0mcg | 0% |
| Calcium 58mg | 4% |
| Iron 2mg | 10% |
| Potassium 511mg | 10% |

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INGREDIENTS: Water, Cherry Tomato*, Red And Green Swiss Chard*, Yellow Onion*, Baby Bella Mushrooms*, Portabella Mushrooms*, Celery*, Shitake Mushrooms*, Roasted Sunflower Seeds, Lemon Juice*, Extra Virgin Olive Oil*, Garlic*, Jalapeno Pepper*, Sea Salt*, Black Pepper*, Oregano*.

*Organic

Dark and Salty

| Nutrition Facts | |
|---------------------------------|------------|
| 1 servings per container | |
| Serving size 1 container (390g) | |
| Amount per serving | |
| Calories | 180 |
| % Daily Value* | |
| Total Fat 8g | 10% |
| Saturated Fat 2g | 10% |
| Trans Fat 0g | |
| Cholesterol 100mg | 33% |
| Sodium 670mg | 29% |
| Total Carbohydrate 7g | 3% |
| Dietary Fiber 1g | 4% |
| Total Sugars 3g | |
| Includes 0g Added Sugars | 0% |
| Protein 21g | |
| Vitamin D 0mcg | 0% |
| Calcium 34mg | 2% |
| Iron 2mg | 10% |
| Potassium 364mg | 8% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Low Sodium Chicken Broth* ({Water, Chicken}*}, Rosemary Extract* [Antioxidant]*}, Chicken Flavor*, Cane Sugar*, Yeast Extract, Onion powder*), Chicken*, Yellow Onion*, Cherry Tomato*, Lemon Juice*, Cilantro*, Extra Virgin Olive Oil*, Habanero Pepper*, Sea Salt*, Seasoning* (Sea Salt, Garlic, Onion, Black Pepper, Oregano, Bay, Turmeric), Black Pepper*.

*Organic

